

A helpful
guide

to resources
for young
children and
their families in
Montgomery
County



Starting Point Central Intake and Referral System

4801 Springfield Street • Dayton, OH 45431 • (937) 237-0123



Montgomery County's Starting Point Central Intake and Referral System

To get more information or enroll in a **Help Me Grow** program call:
(937) 237-0123

What is Help Me Grow?

- **Help Me Grow** provides a system of services for eligible Montgomery County families from pregnancy until a child's 3rd birthday
- Services focus on infant and toddler development
- Families choose services and resources to help them reach goals they find important
- Program guidance by the Ohio Department of Health
- Local administration by the Montgomery County Family and Children First Council

Montgomery County Providers (July 2004 – June 2005)

Central Intake & Referral/Child Find/Outreach Services

Starting Point

Newborn Home Visits

Fidelity Health Care

Kettering Memorial Hospital – Precious Beginnings Home Care

Ongoing Services for Newborns, Infants, and Toddlers and Their Families

Brighter Futures (starts prenatally)

Montgomery County Educational Service Center

It's Never Too Early

Do you have, or know of: A child suspected of having, or identified with, a developmental delay in the areas of thinking, moving, seeing, hearing, playing or talking? Do you know of a child at risk for delay in these areas? For more information and referral, please call **Help Me Grow's** Starting Point Central Intake and Referral Site—Monday through Friday 8:30 a.m. – 4:30 p.m..

(937) 237-0123
1-800-750-0750 TTY/TDD

Quick Reference Guide

CHEMICAL DEPENDENCY

CADAS Adolescent Program - Combined Health District
Miami Valley Hospital
Nova House

CHILD PROTECTION, REPORTING OF ABUSE OR NEGLECT, ADOPTION AND FOSTER HOMES

Montgomery County Children Services

HEALTH OR MEDICAL NEEDS

Bureau for Children with Medical Handicaps, Ohio Dept. of Health
Center for Healthy Communities/Community Health Advocates
Children's Medical Center
Combined Health District of Montgomery County
Dayton Area Heart Association
Exceptional Family Member Program, WPAFB
Family Service Association
Good Samaritan Counseling and Treatment Center (YCATS)
Good Samaritan Hospital
Goodwill and Easter Seals of West Central Ohio
Kettering Medical Center
Miami Valley Hospital
United Health Services
Womanline
Wright State University

PRESCHOOL/CHILD CARE

Child Care Works
Dayton Jewish Center Early Childhood Services
Dayton Metro Housing
Kettering Adult School Early Childhood Programs
Longfellow Child Development Center
Miami Valley Child Development Centers, Inc.
Montgomery County Board of MR/DD
Montgomery County Department of Job and Family Services
Northridge Local Schools
Northridge/Vandalia Preschool
Sinclair Community College
United Cerebral Palsy Rehabilitation Services

PUBLIC ASSISTANCE

Combined Health District of Montgomery County
Dayton Metro Housing
Goodwill and Easter Seals of West Central Ohio

Legal Aid Society of Dayton
Lutheran Social Services of the Miami Valley

RECREATION OPPORTUNITIES

AIM for the Handicapped, Inc.
United Cerebral Palsy Rehabilitation Services

SERVICES FOR FAMILIES/CHILDREN/ADULTS WITH SPECIAL NEEDS

Catholic Social Services
The Children's Medical Center
Community Services for the Deaf
Dayton Jewish Center for Early Childhood Services
Dayton Public Schools, Family Life/Even Start, Head Start Program
Exceptional Family Member Program
Family Information Network
Family Service Association
Good Samaritan Hospital
Goodwill and Easter Seals of West Central Ohio
Kettering Medical Center
Legal Aid Society of Dayton
Lutheran Social Services of the Miami Valley
Miami Valley Child Development Centers, Inc.
Miami Valley Down Syndrome Association
Miami Valley Hospital
Miami Valley Special Education Center
Montgomery County Board of MR/DD
Montgomery County Help Me Grow Consortium
Northridge Local Schools
Ohio State University Extension, Montgomery County
Samaritan Behavioral Health, Inc.
Sinclair Community College
St. Joseph Children's Treatment Center
Vandalia Butler Schools/Helke Elementary
Womanline
Wright State University

SPEECH AND HEARING/COMMUNICATION

Children's Medical Center
Community Services for the Deaf
Technology Resource Center, Inc.

SUPPORT GROUPS/INFORMATIONAL PROGRAMS/RESOURCES

AIM for the Handicapped, Inc.
American Lung Association of the Miami Valley
Catholic Social Services
Celebrating Families of Children and Adults with Special Needs
Child Care Works
Children's Medical Center
Combined Health District of Montgomery County
Community Services for the Deaf
Dayton Area Cancer Association

Dayton Area Heart Association
Dayton Jewish Center Early Childhood Services
Dayton Public Schools Family Life/Even Start, Head Start Program
Family Information Network
Fidelity Health Care
Good Samaritan Hospital
Goodwill and Easter Seals of West Central Ohio
Grandparents/Grandchildren Initiative
Kettering Memorial Hospital - Precious Beginnings Home Care
Lutheran Social Services of the Miami Valley
March of Dimes
Miami Valley Down Syndrome Association
Miami Valley Special Education Center
Montgomery County Help Me Grow Consortium - Starting Point
Ohio State University Extension, Montgomery County
Samaritan Behavioral Health, Inc.
Technology Resource Center, Inc.
United Rehabilitation Services
United Health Services
Vandalia Butler Schools/Helke Elementary
Womanline

TEEN PREGNANCY/PARENTING

Catholic Social Services
Family Service Association
Lutheran Social Services of the Miami Valley
Miami Valley Hospital
Miami Valley Teen Coalition
Womanline

PLEASE NOTE: The information in this guide is provided as a service to the parents of children in Montgomery County. While the list of Community Resources is representative of the local programs and services available, it should not be considered an exhaustive list of services available in the county. Likewise, the agencies cross-referenced by topic in the Quick Reference Guide, are representative of the agencies listed in the directory.

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Help Me Grow

- Starting Point Centralized Intake and Referral Service
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Kettering Medical Center

- Precious Beginnings Home Care Program

Legal Aid Society of Dayton

Longfellow Child Development Center

Lutheran Social Services of the Miami Valley

- GreenLeaf House
- Life Skills for Young Parents
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- Counseling

March of Dimes

- Babies and You
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- Collegiate Council

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Young Children's Assessment and Treatment Services (YCATS)
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Community Resources

ALCOHOL, DRUG ADDICTION, AND MENTAL HEALTH SERVICES (ADAMHS)

PHONE: (937) 567-3476

Contact: John Kinsel

The CATT project, (Consultation, Assessment, Training, and Treatment), makes available assessment, case management, information and referrals to identified children (0 – 5 years of age) and their families. The project also offers consultation and training services to professionals and child care providers working with these families.

AIM FOR THE HANDICAPPED, INC.

945 Danbury Road

Dayton, OH 45420

PHONE: (937) 294-4611 FAX: (937) 294-3783

Agency Administrator: Dr. Jo A. Geiger, National Executive Director

Contact: Mandy Jacobs, Lynn Switzer, Assistant Education Directors

Helps individuals with visual disabilities, hearing impairments, emotional or learning disabilities, and orthopedic or coordination problems achieve their highest potential through the AIM METHOD of Special Movement Education. Certified AIM volunteer teachers or staff members teach “one-on-one” half-hour movement classes. The AIM Water Program is held weekly on Saturday mornings with AIM volunteers working “one-on-one” with children in the water.

The Education Department supervises all programs. Family support is provided at the training center. Recreational activities are provided for parents and siblings. Other services include referrals, informal counseling and follow-up, and distribution of donated items such as wheelchairs to needy children, newsletters to families and teachers. Fund-raising events are held by staff year-round to maintain self-supporting, non-profit status. Other means of support include donations or money and time by individuals and corporations. AIM is not federally funded nor is it a United Way Agency.

AMERICAN LUNG ASSOCIATION OF THE MIAMI VALLEY

American Lung Association of Ohio

Dayton Office

7560 McEwen Road

Dayton, OH 45459

PHONE: (937) 291-0451 FAX: (937) 291-0453

Agency Administrator: Roberta M. Taylor

The American Lung Association of Ohio, Dayton office is a not-for-profit, non-governmental, voluntary health organization dedicated to the prevention and control of lung disease and the promotion of lung health.

ASTHMA ACHIEVERS

Contact: Roberta Taylor

Support group for adults and parents of children with asthma. Covers educational topics pertaining to asthma, family problems, etc. Focuses on children with asthma, birth through adolescence and their parents, family members, and/or caretakers. No income criteria or fees charged. The program serves Montgomery, Greene, Warren, and Preble County residents.

BUREAU FOR CHILDREN WITH MEDICAL HANDICAPS

Ohio Department of Health
P.O. Box 1603
Columbus, OH 43216
PHONE: (614) 466-1700

Local Office
40 South Main Street
Dayton, OH 45402
PHONE: (937) 225-6459
FAX: (937) 225-4500
Contact: Rosemary Bradford

DIAGNOSTIC PROGRAM/TREATMENT PROGRAM

Bureau for Children with Medical Handicaps (BCMh) is a potential payer of health services needed by children with handicapping conditions. The agency has both a diagnostic program and a treatment program. Examples of eligible medical conditions are birth defects, cerebral palsy, hearing loss, cystic fibrosis, cleft lip and palate, sickle cell disease, hemophilia, cancer, heart defects, scoliosis, spinal injuries, and paralysis. Program serves Ohio children newborn to age 21. Physicians initiating application must be a provider known to BCMh. Applications are processed in 8 – 12 weeks through the Columbus central office. Write or call for income guidelines.

CATHOLIC SOCIAL SERVICES

2316 W Dorothy Lane
Dayton, OH 45439
PHONE: (937) 299-LINK FAX: (937) 222-6750
Agency Administrator: Ron Eckerle

TEEN PARENT LINK/FATHER LINK

2360 W. Dorothy Lane
Dayton, OH 45439
PHONE: (937) 299-LINK Fax: 299-6138
Contact: Peggy Seboldt or Sandy Davis-Roark

Strives to identify and assess for risk every teen (under age 20) who gives birth in Montgomery County. Outcome of the risk assessment provides foundation for referrals and linkage to appropriate resources. This collaborative program includes a treatment component of home-based counseling and case management, parenting and life skills education, and crisis intervention with access 24 hours. FatherLink serves young fathers through the age of 24 who have fathered a child with a teen mom and have a child under the age of three.

CENTER FOR HEALTHY COMMUNITIES/ COMMUNITY HEALTH ADVOCATES

Sinclair Community College
444 West Third Street, Building 13, Room 205
Dayton, OH 45402
PHONE: (937) 512-4041
Contact: Marilyn Rodney, RN, MS

The outreach worker's primary role is to contact people, offer health and social services and guide them through the process as needed. Emphasis is on health promotion and disease prevention.

Grandparents/Grandchildren Initiative

PHONE: (937) 775-1116
Contact: Dionne Henderson, Program Coordinator
Offers a variety of free services to kinship caregivers (relatives who are raising children other than their own) in Montgomery County. Services include: Kinship Kiosks providing free used children's clothing and toys; Kinship Navigators to assist kinship caregivers in obtaining community services or meeting needs for themselves or the children they are raising; Resource materials including a free quarterly newsletter.

CHILD CARE WORKS

A program of Children's Hunger Alliance

3077 Kettering Blvd., Suite 300

Dayton, OH 45439-1949

PHONE: (937) 534-0600 FAX: (937) 534-0613

e-mail: 4kids@childcareworksohio.org

www.childcareworksohio.org or www.childrenshungeralliance.org

Works with the community to assure the availability of affordable, quality childcare. Child Care Works maintains a comprehensive up-to-date database of child care agencies, provides telephone counseling to parents, training and technical assistance to providers, promotes expansion of child care resources, breaks down barriers to child care, advocates employer involvement and provides written parent education material. The agency strives to help all Miami Valley families in their search for childcare, regardless of race, religion, income or special needs. It believes that day care center staff and home day care providers should know as much as possible about any special needs of each child in its care. All referrals for children with special needs are handled in a consistent manner.

To professionals, I say this: Parents know their children better than anyone else does, and we respond to you if we feel our judgement is respected.
—Dawn, Zachary's Mom

THE CHILDREN'S MEDICAL CENTER

One Children's Plaza

Dayton, OH 45404-1815

PHONE: (937) 641-5487/Developmental Pediatrics

(937) 641-3000/General Hospital Information

DEVELOPMENTAL PEDIATRICS

Eileen Kasten, M.D.

Maria Cecilia Rivera-Amisola, M.D.

Offers a multidisciplinary approach to the assessment and management of the child with developmental variation. Provides high-quality care in a setting sensitive to the needs of the child within the context of the family. The focus is on identifying and building on a child's strengths while attempting to correct areas of concern and offering strategies to circumvent those concerns if they cannot be remedied. The program strives to foster feelings of competence in the child and advocacy on the part of the family.

A team works closely with audiologists, dietitians, nurses, occupational and physical therapists, psychologists, social workers and speech language pathologists at CMC. Representatives from dentistry, genetics, neurology, neurosurgery, orthopedics, plastic surgery and urology are actively involved in the care of special needs children. A full range of other pediatric subspecialists and diagnostic services are available. The team also provides services for children with special needs including cerebral palsy, cleft palate/craniofacial and myelomeningocele needs, learning disabilities, environmentally and/or biologically at risk, sleep disturbances, behavior problems, feeding problems, etc.

Contact The Children's Medical Center for income guidelines/fees.

Regional Child Find Specialist – Michelle Lamprecht

Phone: 641-5137

FAMILY RESOURCE CENTER

PHONE: 641-3700

Contact: Yvonne Ridenhour or Teresa Giehl

Provides a health information resource library that is dedicated to improving the lives and health of children. All services are free of charge and someone is always available to assist with research or to answer questions. It also provides information about support groups and other resources available in the area.

SPECIALTY CLINIC

PHONE: (937) 641-3444

Contact: Theresa Taylor

Provides registered dietitians specializing in pediatric nutrition to help with problems including poor weight gain, obesity, food allergies, and management of tube feedings. All pediatric nutrition issues may be referred to this clinic.

THE BODY SHOP

PHONE: (937) 641-3437

Sessions for boys and girls ages 8 – 13 years. This program meets three times each year for eight weeks. It teaches weight control with physical activities, involving a registered dietitian, a leader, and a pediatric psychologist.

PARENT SUPPORT GROUPS

PHONE: (937) 641-3401

Call the hospital for a complete listing of area support groups and meeting locations and times.

HEALTH CHILD CARE OHIO PROGRAM

PHONE: 641-3000 EXT 8514

Contact: Education Specialist

A program, sponsored by the Ohio Department of Health, that provides a child care health consultant (registered nurse) at no cost to work with child care providers and families. The program provides free training and technical assistance on health and safety topics, consultation by phone or on-site visits at no cost, explains health and safety rules and helps develop policies, provides information about including children with special needs in child care, and helps children, families, and staff link with community resources to meet health needs.

REHABILITATIVE SERVICES

PHONE: (937) 641-3070 Speech, OT/PT

PHONE: (937) 641-3424 Audiology

Contact: Janet Squiers

The rehabilitative services department offers a multidisciplinary approach to evaluation and treatment of children. The department consists of speech, occupational and physical therapies as well as audiological (hearing) services. The department offers many specialty programs and clinics such as the following: adaptive/ augmentative evaluation and treatment, seating clinic, modified barium swallow studies, oral motor/feeding therapy and treatment, hearing aids, cochlear implants, aural rehabilitation, splinting, burn garment fitting and seasonal group therapy programs.

Services are offered at the hospital, Children's Urgent Care in Kettering, Southview Children & Family Center, and also a satellite office in Springfield. To schedule an appointment or obtain more information about one of the programs, please call us at the number listed above. A physician referral is required for the majority of services.

COMBINED HEALTH DISTRICT OF MONTGOMERY COUNTY

117 S Main St. Reibold Bldg.

Dayton, OH 45422

PHONE: (937) 225-4954 FAX: (937) 496-3071

Administrator: Morton Nelson, M.D., Health Commissioner

Contact: Fred Steed, Director of Community Health

CADAS ADOLESCENT PROGRAM

PHONE: 461-5223

CADAS is a private non-profit, outpatient drug and alcohol treatment program. The new program (opened 9/29/03) provides both standard and intensive outpatient drug and alcohol treatment for Montgomery County youths aged 13 to 18.

CELEBRATING FAMILIES

PHONE: (937) 461-5223

Celebrating Families is a proactive prevention program, which provides parenting education and advocacy for parents or relatives. The program is available to families at no cost who have at least one preschool child in the home. Celebrating Families is an in-home curriculum designed to empower and guide parents through some very common, yet difficult, issues facing families today. The staff provides a positive learning experience by working with parents (or non-custodial caregivers) on coping skills, discipline, communication, stress management, problem-solving techniques, and self-esteem.

COMMUNITY CHILD HEALTH CENTERS

Provides primary health care services including physical exams, sick care, immunizations, health education, nutrition and social services for infants and children ages birth through 15 years living in Montgomery County. Staff includes pediatricians, registered nurses, certified pediatric nurse associates, a dietician and a licensed social worker. Sliding fee scale.

Neighborhood Community Child Health Centers are located on RTA bus routes as follows:

Community Child Health Center - East
Rhonda Neely, RN
1320 East Fifth Street
Dayton, OH 45402
(937) 225-6039

Community Child Health Center - West
Annette Retter, RN
2166 Gettysburg Ave.
Dayton, OH 45406
(937) 496-7155

Community Child Health Center - South
Amy Jennings, RN
31 North Locust Street
West Carrollton, OH 45449
(937) 866-6406

Community Child Health Center - North
Toni Greer, RN
5903 North Dixie Drive
Dayton, OH 45414
(937) 898-7750

MALE INVOLVEMENT INITIATIVE PROGRAM

PHONE: (937) 224-3671

Serving current and expecting fathers. Link clients to appropriate community services. Conducts home visits and educational presentations.

MATERNAL AND INFANT HOME CARE SERVICES

PHONE: (937) 225-4500

Program serves women who are pregnant, postpartum, and children newborn through age 6 who live in Montgomery County. Services include in-home visits by registered nurses for purpose of skilled observation and related instructions. Works closely with Children Services Board in regard to neglect, abuse, or chemically exposed infants. Must have physician's referral to participate. Sliding fee available; must have prior approval from HMO if assigned; accepts Medicaid and private insurance.

NEIGHBORHOOD PRENATAL SERVICES

PHONE: (937) 225-4484

Program focuses on early care in first trimester of pregnancy. To participate, individuals must live in Montgomery County and must be enrolled in program prior to 28 weeks gestation. No age restrictions. Program does not accept medically high-risk patients. Sliding fee based on federal poverty level standards.

PRESCHOOL FAMILY PREVENTION PROJECT

PHONE: (937) 461-5223

Contact: Lori Brown

Works with Head Start and Child Care Centers with parents and children. Home and Center-based. Has drug and alcohol prevention programs.

THE WIC PROGRAM

Annie McDonald

PHONE: (937) 225-5813

Provides nutritional counseling and free supplemental foods to Montgomery County women who meet income guidelines and are pregnant, postpartum, or breast feeding, and to infants and children up to age five who are at nutritional risk.

Locations:

W. Dayton Health Center
1323 W. 3rd Street
Dayton, OH 45407
PHONE: (937) 225-4491

West Carrollton WIC
113 E. Central Avenue
West Carrollton, OH 45449
PHONE: (937) 859-7974

Sunrise Center
1320 E. 5th Street
Dayton, OH 45402
PHONE: (937) 225-6166

Salem Clinic
4699 Salem Avenue
Dayton, OH 45416
PHONE: (937) 496-3176

Nixon Health Center
2349 Stanley Avenue
Dayton, OH 45404
PHONE: (937) 225-6355

PRENATAL OUTREACH AND HOME VISITING PROGRAM

PHONE: (937) 496-6590

Educates high-risk expectant teens. Our goal is to educate women on the importance of early and continuous prenatal care during the first trimester of pregnancy. We also assess the needs of our clients and link them to the appropriate community social service agency. Among other services include material assistance for the client and their newborn, i.e., pampers, car seats, baby clothes, cribs, etc. Services are provided through referral.

PARENTING PROGRAM

PHONE: (937) 496-7915 (West location)

Contact: Karla Wynn

PHONE: (937) 496-6587 (East Location)

Contact: Kiya Gray

Provides parenting education for parents with children of all ages. Classes are free to the public and are provided at two locations. Parenting methods and or programs used: S.T.E.P. Parenting; Parents Tool Shop; Bowdoin Method and American Academy of Pediatric Parenting. Parenting education is also provided to teen mothers via home visits.

COMMUNITY SERVICES FOR THE DEAF

211 S. Main Street, Suite 500

Dayton, OH 45402

PHONE: (937) 640-8032 (TTY) (937) 222-7921 FAX: (937) 640-8036

PEER PARENT PROGRAM

Contact: Valerie Kapp

Matches parents of children with a hearing loss, who have experience dealing with the realities of deafness, communication choice, educational choices, professionals, etc. with parents of newly diagnosed children with a hearing loss. No income criteria, fees, or age restrictions. Available to any parent or family member of children with hearing impairments.

FAMILY COUNSELING

Contact: Valerie Kapp

Provides psychological support to families dealing with the awareness of their child's hearing loss and its impact upon the family dynamics. Also can provide information about assistive devices and other community resources in both the hearing and deaf worlds. Sliding fee scale, no age restrictions. Available to any parent or family member of children with hearing impairments.

THE REGIONAL INFANT HEARING PROGRAM

Contact: Donna Zartman

Addresses impact of a hearing loss on the language development of children birth to three years of age. Through modeling, parents learn to interact with their children to develop language or speech, cognitive skills, and social skills. A monthly parent support group provides open discussion on relevant issues to raising children with hearing loss and transitioning toddlers to preschool.

There is help out there...don't be afraid of the words mental retardation or developmental disability. Give your children a chance at life...give them help now when the problem can be changed, not when it is too late or they're too old to change. If we give them a good start they will go down the road to knowledge and a good life.

—Chris, Melissa's Mom

DAYTON AREA CANCER ASSOCIATION

120 Zeigler Street

Dayton, OH 45402

PHONE: (937) 223-4117 FAX: (937) 223-7632

Administrator: James S. Briggs, Jr., Executive Director

Offers direct assistance and personal help to people diagnosed with cancer. Informational programs are designed to expand public knowledge of cancer, its causes and risks. Provides same services as Dayton Area Heart Association plus support groups such as "Make Today Count," and "Dayton Ostomy Chapter."

DAYTON AREA HEART ASSOCIATION

120 Zeigler Street

Dayton, OH 45402

PHONE: (937) 223-4119

Administrator: James S. Briggs, Jr., Executive Director

Provides services to people with heart disease as well as community education programs. Works closely with area physicians and other caregivers to provide services, such as: prescription assistance, durable medical equipment, transportation assistance, oxygen assistance, support groups, and community case management. Monthly health screenings held the third Wednesday of each month including lipid profile testing, blood pressure measurement, risk factor evaluation, and educational materials. Cost is \$10 for the Lipid Profile or \$10 for blood pressure and cholesterol only. Appointment required.

DAYTON JEWISH CENTER EARLY CHILDHOOD SERVICES

4501 Denlinger Road
Dayton, OH 45426
PHONE: (937) 854-4014
Administrator: Steve Reitman

*FIRST-TIME MOM CLASSES
MOMMY AND ME CLASSES
PRESCHOOL CLASSES FOR ALL CHILDREN*

Contact: April Kellogg

Programs provide a social support group for new parents and parents of young children. Preschool program serves all children with typical and special needs in an integrated setting. The Dayton Jewish Community Center Early Childhood Services Program offers children a facility especially designed for the young child. Learning opportunities and materials are provided for each child to help stimulate thinking, develop creativity, and increase communication skills. Through sensitive direction from qualified professional teachers, the children develop their unique personalities and learn respect and consideration for others of all backgrounds. Program serves Metropolitan Dayton. Fee charged is between \$3 and \$4 per hour, dependent on program. Higher fee for non-center members. Age restrictions include: First-Time Mom Classes, infants; Mommy and Me Classes, 18 months to two years; Preschool Classes, preschool age children.

DAYTON METRO HOUSING

400 Wayne Avenue
Dayton, OH 45410-1106
PHONE: (937) 222-9907 FAX: (937) 222-3554
Contact: Deborah Brown

Provides subsidized housing for low income families, on-site child care and/or Head Start classrooms at some housing developments, and programs and services to support family self-sufficiency

DAYTON PUBLIC SCHOOLS

Family Life/Even Start

245 Salem Avenue
Dayton, OH 45406
PHONE: (937) 542-6983 FAX: (937) 542-7007

PARENT INFANT PROGRAM

Contact: Carmen Nelson

Ten-week introductory classes on infant development and parenting topics. Enables parents to effectively interact with infants, strengthening the bond and continuing the attachment process begun at birth. Classes located at Franciscan Medical Center, Grandview Hospital and Lohrey Recreation Center. Serves Dayton City School District parents with children birth to 12 months of age. No transportation provided.

PARENTING ACHIEVING LIFE SKILLS (PALS)

Contact: Diane Brogan

For parents with very young children who want to understand the basics of discipline as well as learning behavior patterns and developmental expectations of young children. Provides parents with necessary tools to be supportive and effective in the early development of their children, to assure that all children come to school ready to learn and that both parent and child have an opportunity to reach their full potential. Taught by two vocational certified instructors with special training in infant and toddler development and counseling and pre-kindergarten. Serves parents with preschool children one to five years of age. Child Care available. RTA tokens available but limited.

PARENTING WORKSHOP

Contact: Diane Brogan

A variety of topics are available for many parenting issues. Some examples are: communication skills, understanding family conflict, children and home-work, learning without pressure, and nurturing social development. A Parent Educator will facilitate a program on topics of your choosing at your location.

EVEN START FAMILY LITERACY

Contacts: Donna O'Neill, Kendra Steele

A family-centered education project that helps parents become full partners in the education of their children, assist children in reaching their full potential as learners, and improve functional literacy for parents. Staff includes program specialists, family service workers, parenting instructors and literacy instructors. Serves parents of children ages 1 – 7 who live in the Dayton City School District. Must have at least one child in Head Start, early childhood education and/or kindergarten. Programs are also available to parents who have not completed high school, need their GED or want to upgrade reading skills.

DAYTON PUBLIC SCHOOLS

115 S. Ludlow Street

Dayton, OH 45402

PHONE: (937) 542-3269 FAX: (937) 274-6866

Agency Administrator: Diane Johnson

Contact: Donna Ragland 542-3267

HEAD START PROGRAM

A federally funded program housed within 10 Dayton Public Schools that provides income-eligible children with experiences which will improve their school, home adjustment and achievement. Emphasis is placed on assisting children in all areas of development—physical, emotional, and intellectual. The child's entire family, as well as the community must be involved. Eligibility is based on federal income guidelines. Program goals include:

- helping the child's emotional and social development by encouraging self-confidence, self-expression, self-discipline and curiosity
- improving and expanding the child's ability to think, reason and speak clearly
- developing a climate of confidence for the child which will make him want to learn
- increasing the child's ability to get along with others in the family, and helping the family understand child development and needs, thus strengthening family ties

Center locations:

- | | |
|-----------------|---------------|
| - Allen | - Hickorydale |
| - Edison | - Louise Troy |
| - Gettysburg I | - McGuffey |
| - Gettysburg II | - McNary |
| - Gorman | - Webster |

PARENTS AS TEACHERS

PHONE: (937) 542-6988

Contact Person: Diane Brogan, Parents as Teachers Coordinator

Families eligible through Dayton Public Schools are offered PARENTS AS TEACHERS in collaboration with Miami Valley Literacy Council's LEAF program. PATS is a family education and support program that begins prenatally—the onset of learning—and extends to age five. This early prevention program is based on the beliefs that parents are the first and most influential teachers of their children and that the early years lay the foundation for children's success in school and in life. The program provides timely information on child development; involves parents in parent-child activities that encourage language development, intellectual growth, social development and motor skills; and strengthens parent-child relationships.

EXCEPTIONAL FAMILY MEMBER PROGRAM

Family Advocacy Program
Wright Patterson Air Force Base
74MDOS/SGOHF
4881 Sugarmaple Dr., Bldg. 830
Wright-Patterson AFB, OH 45433
PHONE: (937) 257-6429 FAX: (937) 656-1402
Contact: Shandra Maples-Eakes, Capt., USAF, BSC

Serves Air Force families with exceptional needs, such as physical, emotional or educational needs. Provides counseling, information and referral services to families to enable them to obtain appropriate services. Provides leadership and other professional support to the Children Have a Potential (CHAP) Parents Assistance Group and annual CHAP Summer Camp. Also assists with assessing families for dependent relocation clearance, processing facility determination inquiries, and assisting families needing EFMP reassignment due to lack of services. Respite care available for active-duty families. A community health nurse provides early childhood education and assistance.

FAMILY INFORMATION NETWORK (FIN)

246 North High Street	Local Consultant: Kathleen Beene
Fourth Floor	1623 Tollgate Court
Columbus, OH 43215	Lebanon, OH 45036
PHONE: (614) 644-9165	PHONE: (937) 932-7142

A statewide parent-to-parent network that provides information and support to families with infants and young children who have developmental challenges and/or disabilities, so they can attain a quality of life that reflects their hopes and dreams. Links families with other families, offers educational materials, provides and facilitates parent-to-parent support, works to expand resources for families, offers training and support to professionals, provides information about local and regional services and resources, represents the interest of children and families in policy-making groups, and identifies and supports parent volunteers.

FAMILY SERVICE ASSOCIATION

184 Salem Avenue
Dayton, OH 45406
PHONE: (937) 222-9481 FAX: (937) 222-3710
Agency Administrator: Victoria D. Bricker

Home-based case management and family counseling program for teens who are pregnant or parenting.

GOOD SAMARITAN HOSPITAL

2222 Philadelphia Drive
Dayton, OH 45406
PHONE: (937) 278-2612 FAX: (937) 276-8230

FAMILY BIRTHING CENTER

The Mother and Baby Unit consists of 14 postpartum beds and two 12-bassinet nurseries. This area cares for the postpartum patient (adolescent, adult female) and her newborn, following a vaginal or cesarean delivery and transition period in the Special Care Nursery.

LABOR/DELIVERY & RECOVERY

Consists of 13 birthing rooms for the care of childbearing age (adolescent, adult female) antepartum and intrapartum patient, including both vaginal and cesarean deliveries.

SPECIAL CARE NURSERY

A 15-bed, Level II Nursery that is part of the Family Birthing Center. Healthy newborns in transition are cared for here during the first six hours of life. Sick and/or premature babies requiring resuscitation are stabilized for transport to a Level III facility. Babies in need of cardio-respiratory monitoring and ventilatory support via C-PAP stay in the Special Care Nursery if stable. Newborns without oxygen support, hypoglycemia, hypothermia, anomalies, required treatments or observation, and growing premature infants are also admitted to the Special Care Nursery.

GOODWILL INDUSTRIES AND EASTER SEALS

1511 Kuntz Rd.

Dayton, OH 45404-1297

PHONE: (937) 461-4800 FAX: (937) 461-2112

President: Amy Luttrell

ALL KIDS

Contact: Kelly Walker

PHONE: 910-7359

Inclusive, safe and enriching care for children with and without disabilities is the focus of our child development center. *All Kids* offers experienced staff who provide a quality, year round day care for infants, toddlers, and preschool children. This Center provides children with experiences where differences are valued.

HOSPITAL-TO-HOME

Contact: Ann Beery

Phone: (937) 461-4800, ext. 594

Hospital-to-Home is an intervention program for caregivers and their premature or low birthweight babies, ages birth through 3 years. Our program improves interaction between caregivers and their high-risk infants, provides caregiver support, and monitors the children's overall development.

KIDS ARE RIDING SAFE (K.A.R.S.)

Contact: Margie Wehner

Phone (937) 461-4800, ext. 390 or 301 (special needs car seats)

Easter Seals provides standard car seats to infants and babies of eligible families. This is a disability prevention program. Criterion to receive a seat is WIC or a county medical card. If the individual has neither, WIC income guidelines are used to determine eligibility. Appointments must be made in advance. Car seat training is provided to parent.

Easter Seals can assist in providing specialized car seats for children with disabilities. If a child has head and trunk control issues or other concerns that make child passenger safety difficult, Easter Seals has access to information and ordering adapted car seats. Requires sign-off from OT/PT or physician. Seats funded partially or entirely by Easter Seals on a case-by-case basis. Easter Seals loans specialized car seats through The Children's Medical Center. A Spelcast Car Seat is designed for infants (up to 40 pounds) who have hip or upper leg casting.

SPECIAL K.A.R.S.

Contact: Margie Wehner

Phone: (937) 461-4800, ext. 301

Special K.A.R.S. is a program of education and support to physicians, medical professionals, and families who require the use of a special needs car seat. Like K.A.R.S., this service provides free special needs car seats and education.

KIDS FIRST BOOST—COMMUNITY DAY CARE DEVELOPMENTAL SCREENINGS & SUPPORT

Contact: Sandy Graman, M. Ed., (937) 461-4800, extension 593

Servicing all of Montgomery County, no-cost developmental checks of children, birth through age five, are available to children who attend area day care centers. Young children's speech and language, muscle coordination, thinking and problem solving skills, and social skills are evaluated as a trained professional looks at how young children perform familiar play-type activities. Also available, to day-care staff and parents of children attending the day care, is special programming. Topics, guided by the requests of the center staff, may include such subjects as developmentally appropriate teaching practices and strategies for addressing behavioral struggles in the classroom and at home. Special programming is FREE and provided at your daycare center.

PERSONAL/HOMEMAKER AND RESPITE

This service that provides children with disabilities and their families with the assistance they need to accomplish their activities of daily living in their home and community. Respite services are also provided.

Contact: Steve Barnes

Phone: (937) 461-4800, ext. 309

TECHNOLOGY RESOURCE CENTER (TRC)

Contact: Kevin Leonard

Phone: (937) 461-3305

TRC is Montgomery County's leading provider of assistive technology for children with disabilities. TRC offers a lending library of assistive technology and special toys, a subscription service to access and learn about the technology available at TRC, a vision center showcasing computer access technology for children who are blind or visually impaired, support and technical assistance, and a program that provides computers to special education classes within the Miami Valley. TRC is also a certified provider of Medicaid assistive technology and adaptive equipment. In addition, through funds distributed through Committee to Aid the Blind, TRC helps persons with visual impairments to purchase tools and equipment.

HELP ME GROW:

A Montgomery County Family and Children First Council Program

STARTING POINT CENTRALIZED INTAKE AND REFERRAL SERVICE

A HELP ME GROW PROVIDER

PHONE: (937) 237-0123 FAX: (937) 236-3455

Contact: Molinda Lauxmiller

This centralized intake and referral service provides Montgomery County families the first point of contact to LINK families and their children, prenatal to age three, to services or programs that best meet their needs. Whether there is an identified or suspected developmental delay, or a child is at risk for development delay, families can access free screenings and information. The objective of Starting Point Central Intake and Referral is to provide a direct intake and referral service that will identify the most appropriate resource for each family. The service eliminates potential duplication of county services, identifies families that need assistance, and functions as a convenient resource for both families and professionals. Some Help Me Grow services to which eligible families may be linked include: community resource information including health care, home visits (prenatal, newborn, infant and toddler), developmental screenings, developmental evaluations, service coordination, specialized services. Whether families have medical, education, behavior or emotional concerns, Starting Point is the place to begin.

NEWBORN HOME VISITING PROGRAM

Registered nurse home visiting program providing prenatal and postnatal educational services. Priority is given to Montgomery County teens and first-time mothers and their infants. Links clients to community resources.

FIDELITY HEALTH CARE

A HELP ME GROW PROVIDER

PHONE: (937) 208-6452 FAX: (937) 208-6472

Contact: Carol Pursley CAPursley@mvh.org

Covers births at Miami Valley Hospital and Good Samaritan.

Kettering Memorial Hospital, Precious Beginnings Home Care

A HELP ME GROW PROVIDER

PHONE: (937) 395-8448 FAX: (937) 395-8415

Contact: Sharon Sorg

Covers births at Kettering Memorial Hospital and Southview.

BRIGHTER FUTURES

A HELP ME GROW PROVIDER

1111 Edwin C. Moses Blvd.

Dayton, OH 45422

Phone (937) 208-6347

Contact: Pam Albers

A nurse/home visiting program for pregnant and parenting teens. Goals include: decrease infant morbidity and mortality, subsequent pregnancy, child abuse and neglect; enhance parenting skills, life course options, general health and safety. Client must be pregnant (prior to delivery), age 24 or younger, and TANF eligible. No fee for services.

MONTGOMERY COUNTY EDUCATIONAL SERVICE CENTER FAMILY SUPPORT AND HOME VISITING

A HELP ME GROW PROVIDER

4801 Springfield Street

Dayton, OH 45431

Phone (937) 237-0123 Fax (937) 236-5004

Contact: Andrea Borchers BorchersA@mvserrc.esu.k12.oh.us

Professional service coordinators offer a combination of services to families with children prenatal to age three who have, or are at risk of having, developmental delays. Starting Point services are based on the home visiting model and work in partnership with families to evaluate and assess child development, provide information and parent education, and links with community resources. This service is at no cost and there are no income restrictions.

MONTGOMERY COUNTY HELP ME GROW CONSORTIUM

4801 Springfield Street

Dayton, OH 45431

PHONE: (937) 236-9965 FAX: (937) 236-5004

Contact: Peg Conley

A planning body with over 70 service agencies, parents and concerned citizens as members, the Consortium is committed to working together for a comprehensive, family-centered system of services for Montgomery County children prenatal to age three years, and their families. The system is now known across Ohio as the Help Me Grow Initiative. As a subcommittee of Family and Children First Council (FCFC) Agency Directors Committee, the Consortium assists the FCFC in coordination of Help Me Grow Services. New members are always welcome!

EI (EARLY INTERVENTION) FAMILY NETWORK

PHONE: (937) 293-6619

Contact: Christine Roll

This group meets once a month on the second Friday and is for families of young children, birth to age three, in the Help Me Grow Early Intervention System. This is an excellent opportunity to network with other parents, get support, gather information and share information. In order to meet the needs of many, we will alternate the location (north and south) each month and offer an occasional evening meeting. Child care will not be provided but children are welcome. Toys and activities will be available.

EARLY INTERVENTION PARENT-TO-PARENT PROGRAM

PHONE: (937) 237-0123

Contact: Christine Roll chrisroll@sbcglobal.net 293-6619

Contact: Starting Point Central Intake & Referral

This service of the Montgomery County Help Me Grow Consortium matches experienced parents with new families who have young children with special needs. One-on-one support and information is provided.

**KETTERING CITY SCHOOLS
PRESCHOOL AND FAMILY LITERACY**

3700 Far Hills Avenue

Kettering, OH 45429

PHONE: (937) 297-7428

Administrator: Cynthia Smith

PATHFINDERS PRESCHOOL

PHONE: (937) 296-7198

Contact: Cynthia Smith

Pathfinders is a licensed preschool program of the State Department of Education serving three, four, and five year olds. Teaching staff meet the professional qualifications of the State. Developmentally appropriate curriculum is provided. Fees vary depending on site and numbers of days in attendance. Tuition fees may be waived or reduced for families of children ages 3 – 4. The program operates at two sites, Kettering Board of Education and Kennedy Elementary School. Pathfinders is a recipient of an Irene Bandy Hedden Award for Collaboration.

FULL CIRCLE (AN EVEN-START FAMILY LITERACY PROGRAM)

Contact: Cynthia Smith

Focuses on helping families achieve improved literacy skills through home-based and school-based tutoring. Adults are placed in the ABE/GED or ESL classes at the Kettering Board of Education, and children ages three, four, or five are enrolled in Pathfinders Preschool also located at the Kettering Board of Education. A tutor will be assigned to work with the family during all phases of the program.

Opportunities for education in the areas of parenting, accessing the community and its resources, communication skills, and other areas are available according to the needs of the families. No transportation is offered, however, the Kettering Board of Education building is located on the RTA busline. No fees are required for enrollment in the Full Circle Program. (See Pathfinders for its program fees.) Children enrolled will go through a screening process and referrals will be made to the appropriate persons or agencies. Parents in the program must live in Montgomery County, and have children between ages 1 – 7. At least one parent must need to raise literacy level to 12th grade. (This includes ESL, GED and persons with high school diploma, but low literacy skills).

KETTERING MEMORIAL HOSPITAL

3535 Southern Blvd.

Kettering, OH 45429

PHONE: (937) 298-4331

Administrator: Miriam Cartmell

24-hour Parent Hotline – (937) 395-8870

*PRECIOUS BEGINNINGS HOME CARE PROGRAM
FOR KETTERING MEMORIAL AND SOUTHVIEW HOSPITALS*

PHONE: (937) 395-8448

Contact: Sharon Sorg

The Precious Beginnings Home Care Program is an alternative to the traditional length of maternity stay and is designed to ease the early transition from hospital to home for both infant and mother. The following services are offered:

- Skilled OB nursing care for mother and baby.
- Notification of physician immediately with any significant findings from mother/baby assessment.
- Individual instruction related to mother/baby care needs.
- Lactation (breast feeding) support.
- Family participation in helping the infant adjust to the home environment.
- Select laboratory services.
- Ongoing communication with your health care providers.
- Around-the-clock 24-hour a day phone-in service for problems and concerns (Parent Line 296-7870)

LEGAL AID SOCIETY OF DAYTON

333 West First Street, Suite 500

Dayton, OH 45402

PHONE: (937) 228-8104

Contact: Lisa Shaw (937) 228-8088

Provide free legal services and community education to low-income, elderly or disabled Montgomery County residents. Speakers are also available.

LONGFELLOW CHILD DEVELOPMENT CENTER

245 Salem Avenue

Dayton, OH 45406

PHONE: (937) 542-7005

Contact: Carmen Nelson

Contact: Diane Brogan

Provides day-care services for teen moms while they complete their GED. Have in the past had infant/toddlers screened through the Early Intervention Consortium. Nurses work with parents both in the nursery and with the GRAD's classes.

LUTHERAN SOCIAL SERVICES OF THE MIAMI VALLEY

3131 S. Dixie Drive, Suite 300

Dayton, OH 45439

PHONE: (937) 643-0020 FAX: (937) 643-9970

GREEN LEAF HOUSE

PHONE: (937) 256-9011

Green Leaf House is a licensed residential parenting facility. The purpose of Green Leaf House is to prepare teen mothers for independent living in a safe, supportive living environment. Teen mothers will live at Green Leaf House until they are ready to move into their own apartment or home. Staff will be on-site 24 hours a day to offer education, guidance and support. Staff includes a House Manager, Life Skills Educators, Social Worker and Counselor. Volunteers will assist in all areas of service provision. Green Leaf House focuses services on teen mothers who are unable to remain in their family home due to abuse or neglect.

LIFE SKILLS FOR YOUNG PARENTS

Contact:

Parenting series for young parents ages 13 – 21, currently receiving services from Montgomery County Children Services. Series is offered two to four times annually. Transportation assistance and on-site child care are available. No fees.

PREGNANCY COUNSELING

Contact: Jackie Easter

Supportive counseling offered to women and their families who are pregnant and uncertain about parenting. Supportive counseling will help explore choices, offer referrals for pre-natal care and support communication with the family. Resources offered for those who choose to parent and those who choose to place for adoption. Counseling provided by a licensed social worker.

CONSUMER CREDIT COUNSELING SERVICES (CCCS)

PHONE: (937) 643-2227

Offers consumer education through "Money \$en\$e Workshop," \$40/ household fee. A Debt Management Program (DMP) that allows for reduced payments, reduced interest and stops late fees by consolidating one monthly payment to CCCS at no cost to consumer. To be eligible for DMP, consumer must have sufficient income to meet living expenses and reduced creditor payment. Fee by contribution only.

COUNSELING

PHONE: (937) 643-0020

Offers individual, family and couples counseling by licensed therapists. The fee for counseling services is determined by a sliding fee scale. Health insurance plans will be billed for services. Medicaid approved.

MARCH OF DIMES

3779 Dayton-Xenia Rd

Dayton, OH 45432

PHONE: (937) 429-2826 FAX: (937) 429-4702

Administrator: Andora Kockentiet, Division Director

A non-profit organization whose mission is to prevent infant mortality and birth defects through community service, advocacy, education, and research.

BABIES AND YOU

A worksite video series that provides employees with valuable prenatal health information and educates individuals about lifestyle behaviors that may affect their future children.

CHAIN REACTION

A youth program that provides young people with a meaningful learning and leadership experience by involving them in education and community service programs.

COLLEGIATE COUNCIL

A college program providing students with peer-to-peer mentoring and networking opportunities with members of the community to build leadership skills.

PUBLIC HEALTH EDUCATION

The March of Dimes has an extensive information library about various birth defects and the prevention of them. Also, there is a video library to loan material on topics like nutrition, preterm birth, and fetal growth and development.

STORKS NEST

An ongoing program seeking to educate at-risk mothers and their partners about prenatal and infant health. Events are held throughout the year to promote awareness and raise funds in the following counties: Clark, Darke, Miami, Montgomery, Champaign, Preble, Greene, and Shelby. The March of Dimes is the only organization in the country whose sole purpose is to improve the health of mothers and babies.

MIAMI VALLEY CHILD DEVELOPMENT CENTERS, INC. (MVCDC)

215 Horace Street
Dayton, OH 45407-3318
PHONE: (937) 226-5664 FAX: (937) 226-5646
Administrator: Sherrie Lookner, President and CEO

HEAD START

Head Start programs are mandated by the Federal Government to serve pre-school children (ages 3 to 5 years) whose family meets federal guidelines, or who have certifiable handicaps or special circumstances. MVCDC offers full-day services to parents who are working or in training. Part-day centers and home-based services are available to parents who meet Head Start guidelines. Eligibility is determined by using federal income guidelines and federal rules and regulations. The family's annual gross income and child's age must be verified to determine program eligibility. For children birth to age three, Early Head Start is available when eligible parents have full-time need. MVCDC serves residents of Montgomery, Clark and Madison Counties and is mandated to serve a minimum of 10 percent of children with disabilities. Transportation is available to selected areas.

MVCDC provides holistic services for the enrolled children and their families. An essential part of the Head Start Parent Involvement unit is the involvement of parents in education, program planning and operating activities. Parents are encouraged to attend parent meetings, trainings to learn about nutrition, social service resources, child development, computers, life-long skills, job skills, substance abuse and MVCDC employment opportunities. MVCDC centers are licensed by the State of Ohio and some have achieved accreditation from the National Association for the Education of Young Children. MVCDC is forming partnerships with community childcare providers to increase Head Start services. Children attending these collaborative partnerships must be approved Publicly Funded Child Care participants.

MIAMI VALLEY DOWN SYNDROME ASSOCIATION (MVDSA)

1133 Edwin C. Moses Blvd., Suite 190 (located in The Job Center)
Dayton, OH 45408
Phone: (937) 222-0744 Fax: (937) 222-0396
Alternate Contact Phone: (937) 293-6619 (Christine Roll, Parent Support Committee)

MVDSA is a non-profit organization dedicated to improving the quality of life for all people with Down syndrome. Member services include a bi-monthly newsletter, monthly meeting with guest speakers, playgroups, an up-to-date library, family social functions, projects to increase public awareness and camperships/scholarships. The office is staffed part-time by volunteers, so please feel free to call the alternate number as needed. The Parent Support Committee provides information and support to parents of children with Down syndrome. New parent packets can be requested by calling Christine Roll at (937) 293-6619 or Amber Thomas at (937) 836-1992.

MIAMI VALLEY HOSPITAL

One Wyoming Street
Dayton, OH 45409
PHONE: (937) 208-2654 FAX: (937) 208-2450
Administrator: Bill Thorton, President

BORN FREE FOR SUBSTANCE-ABUSING PREGNANT WOMEN

PHONE: (937) 208-2676

Comprehensive high-risk medical care, substance-abuse treatment, childcare, transportation, parent training, referrals, community education, and child development testing. No geographical criteria, age, or income restrictions. Third-party billed for prenatal medical care. Participants must be pregnant, with a present or past history of substance abuse, and must sign a commitment contract. Staff includes educators, substance-abuse counselors, social worker, dietitian, childcare supervisor, sitters, and a manager.

MIAMI VALLEY SPECIAL EDUCATION REGIONAL RESOURCE CENTER

4801 Springfield Street

Dayton, OH 45431

PHONE: (937) 236-9965 (TTY) 1-800-750-0750

Administrator: Don Sheer, Assistant Superintendent

One of sixteen regional centers in the state that provides a continuum of special education services for school districts, parents, and children in the region. Assists school districts in providing programs and services to children with disabilities that can be offered more efficiently on a multi-district basis. Major tasks include identification, assessment, coordination of human/ financial resources, inservice training, transportation of children with severe and/or multiple disabilities, consultation/assistance, information and assistance to parents. Serves any child suspected or diagnosed with a disability, ages newborn through age 22, with access to all services available to their families or teaching staff. All services are free. Serves Clark, Darke, Greene, Miami, Montgomery and Preble Counties. The Regional Center houses the following programs:

IPD—Identification and Program Development Project

EAP—Educational Assessment Project

IRC—Instructional Resource Center

ECSP—Early Childhood Services Project

Orientation and Mobility

Parent Advisory Council

Occupational/Physical Therapy Services

Early Childhood Special Education (ages 3 – 5)

Montgomery County Help Me Grow Central Intake & Referral Services

Montgomery County Help Me Grow Consortium
(prenatal to age three)

Montgomery County Educational Service Center Ongoing Help Me Grow Services

Parents As Teachers

EARLY CHILDHOOD SERVICES PROJECT

Contact: Debbie Pack, Coordinator

Provides inservice and technical assistance to preschool staff (special education, public and private school, Head Start) and families, as well as coordination of services available in a six county region. Statewide resources are shared with staff and families. Serves ages 3 – 5.

Finding out about these resources gave me the foundation to develop a vision for my child.
—Kathie, Mollie's Mom

MIAMI VALLEY TEEN COALITION

184 Salem Avenue

Dayton, OH

PHONE: (937) 225-3123 FAX: (937) 225-3074

Contact Person: Catherine Rauch

A group of non-profit organizations and individuals concerned about teens. The Coalition serves as a community resource for planning, coordinating, and advocating for teens and their families.

MONTGOMERY COUNTY BOARD OF MENTAL RETARDATION/DEVELOPMENTAL DISABILITIES (Board of MR/DD)

Southview Children and Family Center
25 Thorpe Drive
Dayton, OH 45420
PHONE: (937) 258-6330

Northview Center
8114 N. Main St.
Dayton, OH 45415
PHONE: (937) 890-0730

Programs serve Montgomery County families and children ages newborn through two years, with established risk of developmental delays. Children ages 3 – 5 are served in conjunction with local school districts. No income criteria or fees charged. Transportation is provided for children and families, if necessary.

PARENT AND CHILD ENRICHMENT/PACE

Parent education, training, and special instruction provided based on individual needs and offered in both group and individual sessions. These services are offered in the home and at centers in the community for families with children ages birth to two years who are experiencing difficulty with their development.

Services are offered each weekday. Evening sessions are also available. Early intervention services provided by the program are financed through federal, state, and local funds. There is no charge to the family for services.

Each child's intervention program is taught by early intervention specialists, supported by a teaching assistant, physical therapist, occupational therapist, speech therapist, and a vision therapist. The PACE program is offered at the Southview Children and Family Center, and Northview School. Transportation is available for center-based services.

PRESCHOOL

Classes for children ages 3 – 5 are located in local community elementary schools and meet five half-days for 2 1/2 hours each day. A language-based curriculum is being implemented with the preschool classes.

MONTGOMERY COUNTY CHILDREN SERVICES

3304 N. Main
Dayton, OH 45405
PHONE: (937) 224-KIDS (5437)
Office Hours: 8:30 a.m – 5 p.m., phone answered 24 hours a day

Montgomery County Children Services is responsible to receive and investigate reports of suspected child abuse, neglect, exploitation or abandonment. No fee for services. Support payment by parents based on ability to pay may be court-ordered for placement services. Program serves children under age 18 and their families.

INTAKE EVALUATION FOR CHILD WELFARE SERVICES

Contact: Sandra DeWeaver

Provides assessment and investigation of child abuse, neglect and dependency, and determination of the need for child welfare services; provides counseling and referrals for single parents regarding pregnancy and planning for unborn children.

IN-HOME SERVICES FOR CHILDREN

Contact: Mary Anne Nelson

Provides service to protect children from neglect, abuse or exploitation by others. Program elements include working with parents to correct conditions and arrange supportive services. Court action is initiated when a child's removal from the home is necessary.

OUT-OF-HOME PLACEMENT

Contact: Gayle Ballard

Provides services to children in out-of-home placement to develop permanent plans that may include return home, placement with other family members or adoption. Parents receive agency and community services to assist with case planning.

ADOPTION AND FOSTER HOME FINDING

Contact: Yvonne Marvin

Coordinates the recruitment, screening and selection of prospective foster and adoptive parents.

MONTGOMERY COUNTY DEPARTMENT OF JOB & FAMILY SERVICES

1111 S. Edwin C. Moses Blvd.

Dayton, OH 45422

PHONE: (937) 496-7759

Administrator: Dannelta Graves

CHILD DAY CARE

Contact: Pam Keiter

Publicly funded child day care benefits. Provides services for children under age 13 which permits the caretaker/parent to accept or maintain employment on a full or part-time basis, or to participate in an education or training activity which prepares the caretaker/parent for paid employment. Provides childcare services for children up to age 18 who have a physical or mental condition. Provides protective child care services for a child up to age 18 for whom a care plan is prepared and maintained by the Children Services Board. Fees charged are based on income. Services limited to children living in Montgomery County. Child care services are provided by licensed day care centers or certified home providers under contract with the department. The availability of transportation services depends on the provider.

INFORMATION AND REFERRAL

PHONE: (937) 225-6347

This telephone line offers a menu of links to services such as food stamps, child support, jobs, health insurance, health services, social security, etc.

NORTHRIDGE LOCAL SCHOOLS

Northridge High School

2251 Timber Lane

Dayton, OH 45414

PHONE: (937) 279-2180 FAX: (937) 279-2181

Agency Administrator: Pat Coleman

BRIDGES TO BOOKS PROGRAM

Provides service for adults, age 18 or older, who are in need of a GED, or English as a second language (ESL). Must be a resident of Montgomery County and have at least one child in the home age 7 years or younger. On-site licensed infant/toddler care is available.

Opportunities are available in life skills, community resources and early childhood education for parents. Adults also have the option of participating in our School-to-Work Program. This program allows clients to

explore career opportunities, job shadow career choices and gain a general awareness of schools, agencies and organizations that can assist participants in planning for the future.

NORTHRIDGE/VANDALIA PRESCHOOL

46 South Dixie Drive
Vandalia, OH 45377
PHONE: (937) 898-8049
Contact: Brenda Haklik, Program Director

Provides a public preschool program for residents of the Northridge Local and Vandalia Butler School Districts. Serves 170 children, ages 3 – 5 (not age eligible for kindergarten). Encourages parent participation and works with families to meet their needs. Two session options are available: preschool and an extended day program. The preschool program operates Monday through Friday, from 9:15 a.m. – 1:45 p.m., and includes a lunch and snack, free bus transportation to and from the child's home, and the developmentally appropriate school readiness program, Pathways. The extended day program offers extended hours before and after preschool from 7 a.m. – 6 p.m.

NOVA HOUSE

732 Beckman Street
Dayton, OH 45410
PHONE: (937) 253-1680 FAX: (937) 253-8990 Administrator: David Long, Exec. Director

WOMEN'S TREATMENT PROGRAM

Contact: Ralph Weatherford
Provides residential services for 3 – 6 months to chemically dependent moms and their children. Special classes are provided in birthing, parenting, etc.; group and individual sessions regarding addiction are also provided. Developmental assessments are provided for children. Serves adult parents ages 18 – 49 and children prenatal to age five. Must be mentally and physically able to participate in group meetings and activities. Must be motivated and stay clean and sober throughout treatment and beyond. Montgomery County residents who are indigent receive first priority; surrounding counties thereafter. Transportation is furnished for doctor/clinic visits and other necessary client appointments. Staff includes primary therapist, case therapist, case manager, childcare supervisor and workers, night manager, program director, and supervisor. No income criteria or fees charged.

OHIO STATE UNIVERSITY EXTENSION, MONTGOMERY COUNTY

1001 South Main Street
Dayton, OH 45409-2799
PHONE: (937) 224-9654
Administrator: Pete Lane, County Chair

EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM (EFNEP)

Contact: Katie Schroeder
PHONE: (937) 228-1490
Provides ideas for families with young children on how to eat better with limited money. Nutrition educators teach how to plan tasty and nutritious meals, how to stretch the food dollar, how to get the most from the groceries bought, how to feed families better, and how to control weight. Lessons are taught in group settings by paraprofessionals from within the community. Group sessions are held in many public places throughout each county. Program is free to individuals with limited income living in Montgomery, Greene, and Clark Counties. Serves parents with children under the age of 19.

FAMILY & CONSUMER SCIENCES

Contact: Chris Olinsky

Program focus is education in family life/parenting, money management, and food and nutrition.

Newsletters, brochures, fact sheets, classes, telephone consultation and one-to-one assistance available.

Special programs for individuals and confidential budget counseling. Educational services are free. Some programs and printed brochures have a cost. Serves Montgomery County. No age or disability restrictions.

PARENTS AS TEACHERS

4801 Springfield Street

Dayton, OH 45431

PHONE: (937) 236-9965 ext. 171

Contact Person: Larry Henry, Parents as Teachers Coordinator

Covering the Northridge, Jefferson Township, and Mad River School Districts; Trotwood & Dayton Public Schools LEAF/PAT Services

Parents as Teachers (PATs) is a family education and support program that begins prenatally—the onset of learning—and extends to age five. This early prevention program is based on the beliefs that parents are the first and most influential teachers of their children and that the early years lay the foundation for children's success in school and in life. The program provides timely information on child development; involves parents in parent-child activities that encourage language development, intellectual growth, social development and motor skills; and strengthens parent-child relationships.

SAMARITAN BEHAVIORAL HEALTH, INC.

5670 Philadelphia Drive

Dayton, OH 45415

PHONE: (937) 276-3951

Administrator: Linda K. Martin

YOUNG CHILDREN'S ASSESSMENT & TREATMENT SERVICES (YCATS)

Services offered include therapeutic/developmental group, occupational therapy, speech/language therapy, parent support and education, child and family counseling, and consultations regarding preschools, Head Start, and public and private schools. Services are provided in a multidisciplinary team approach. Length of program involvement is dependent on child and family needs. All staff are licensed or certified in their individual fields, which are mental health therapists, occupational therapist, and speech and language pathologist. Serves all Miami Valley area families with children aged birth through Kindergarten with developmental delays in two or more areas, single behavioral disorder, or social/emotional disorders. Medicaid and insurance welcomed.

SANKOFA CORP.

Roland Matthews Towers at Park Manor

220 Park Manor Drive, 4th Floor Solarium

Dayton, OH 45410-1163

PHONE: (937) 222-9395

“Sankofa” is an ancient African proverb—“we must retrieve our past in order to move forward.” This proverb exemplifies Sankofa Corp.'s commitment to change, growth, and movement toward a stronger community. The program manages services to develop and fulfill the socioeconomic needs of—and improve the quality of life for—Dayton and Montgomery County citizens. Participants are primarily residents (of all ages) of Dayton Metropolitan Housing.

SINCLAIR COMMUNITY COLLEGE

444 West Third Street

Dayton, OH 45402

PHONE: (937) 512-2722 (Family and Children Education Department)

EARLY CHILDHOOD EDUCATION LEARNING CENTER

PHONE: (937) 512-7943

Contact: Barbara King

Offers developmentally appropriate programs for children ages three to five. Transportation is not available. Hot meals and snacks are provided. No disability or geographical criteria.

DISABILITIES INTERVENTION SERVICES

PHONE: (937) 512-2502

Contact: Dr. Judy Skylungstad

Provides a two-year Associate degree program to prepare paraprofessionals in special education. Tuition must be paid. No disability or geographical criteria. Available to adults 18 years and older.

FAST FORWARD CENTER

PHONE: 512-FAST (3278)

Contact: James Brown

Serves as the coordinating organization for Montgomery County's Out-of-School Youth initiatives.

ST. JOSEPH CHILDREN'S TREATMENT CENTER

650 St. Paul Avenue

Dayton, OH 45410-1998

PHONE: (937) 254-3562 FAX: (937) 254-6777

Administrator: Bob Wehr

EARLY CHILDHOOD INTERVENTION PROGRAM

Provides therapeutic services to children ages 3 – 6, with emotional or behavioral difficulties, and their families in a preschool-like setting. Half days, Monday through Friday. Diagnostic and psychiatric assessments are available as needed. Transportation is provided for children in Montgomery County. Group size is limited to 10 children with 3 staff, one of who is a master's level therapist. Family therapy is provided to all families. Children are involved in individual and group play therapy sessions. Length of program involvement is dependent on family/child's needs. The agency accepts most local insurance plans and is Medicaid reimbursable.

TECHNOLOGY RESOURCE CENTER, INC.

1133 Edwin C Moses

Suite 370

Dayton, OH 45408

PHONE: (937) 461-3305

Administrator: Kevin Leonard

Offers individuals, families, and professionals a place to learn about and experience alternative/augmentative communication systems for children who are unable to speak, read or write. Provides a wide assortment of adaptive input devices and specialized software for computer-based programs for language development. Access to off-the-shelf computer technology is possible for children who are disabled. The library includes articles, books, periodicals, toys, voice-output communication aids, computer peripherals, videotapes, specialized software and other technology designed for children with special needs. Manages a computer recycling program for children with disabilities. Contact TRC for information regarding fees and income criteria.

UNIFIED HEALTH SOLUTIONS

184 Salem Avenue
Dayton, OH 45406
PHONE: (937) 220-6600 FAX: (937) 220-6609
Contact: John North

FIRST STEP PROGRAM

Comprehensive prevention program for middle school students. The program focuses on building individual assets and increasing one's capacity to make healthy, well thought out decisions. Each part of the program reinforces the message that by finishing school, staying drug free and avoiding pregnancy every teen has a chance to succeed.

PROJECT EMPOWER

A community-based collaborative developed to empower communities, neighborhoods and individuals to build or enhance those protective factors that build resilient children. Specifically, this program targets young parents aged 21 and younger.

PRESCRIPTION ASSISTANCE

Can provide assistance with paying for prescription medication one time per calendar year to those without health coverage.

UNITED REHABILITATION SERVICES OF GREATER DAYTON (URS)

4710 Old Troy Pike
Dayton, OH 45424
PHONE: (937) 233-1230 FAX: (937) 236-8930

ATTENDANT CARE

Contact: Janet Price
Program serves residents of Montgomery County who are 18 years of age or older and who have a disability. Trained attendants provide assistance in the home with basic personal care and home management tasks, including housekeeping, grooming, meal preparation and laundry. United Rehabilitation Services' staff work together with consumers and their families to meet the special needs of each individual.

PERSONAL, SOCIAL, AND VOCATIONAL PROGRAMMING (ADULT ACTIVITY CENTER)

Contact: Janet Price
Adults with disabilities are provided a structured setting to gain maximum independence. Focus is on physical, emotional, vocational, and independent living areas. Simulated and sheltered work opportunities, as well as individual and group training provide an avenue to competitive employment. Open Monday through Friday, 9 a.m. to 3 p.m. with some occasional evening and weekend activities. Must be over age 18.

LATCHKEY PROGRAM

Contact: Janet Price
Provides structured age-appropriate, after-school activities for youth from 9 – 22 years of age that have disabilities. Hours are Monday through Friday, 2 – 6 p.m. on school days. Transportation may be arranged through the school. Private pay or publicly funded childcare subsidy from Ohio Department of Job and Family Services accepted.

DAY CARE

Contact: Janet Price
Program provides high-quality care to children with disabilities and to typically developing children who are between the ages of 18 months and 8 years. The Child Daycare Program promotes the physical, mental, and social growth of all children. The daycare is licensed by the Ohio Department of Human Services and has the distinction of being the only not-for-profit daycare center for children with disabilities in Montgomery

County. The program operates year-round from 7:15 a.m. to 6 p.m., Monday through Friday. Private Pay or publicly funded childcare subsidy from Ohio Department of Job and Family Services accepted.

SOCIAL SERVICES/INTAKE

Contact: Janet Price

Service coordinators provide information and referral assistance as needed.

OCCUPATIONAL AND PHYSICAL THERAPY

Contact: Janet Price

Licensed therapists provide a multidisciplinary approach to therapy for children and adults. The physical therapists help people with neurological and developmental impairments enhance their independence at work, home, school and in the community. The occupational therapists are trained to promote the development of self-care independence, especially in toileting, dressing and feeding. Children in the occupational therapy program engage in activities that concentrate on the development of age-appropriate play and learning skills. Adults in the program work toward improving independence in self-care and vocational pursuits. The daily living center, a simulated apartment, allows individuals in therapy programs to learn the skills necessary to be as independent as possible in the activities of their daily living. Hydrotherapy is also available to children and adults.

SPEECH AND LANGUAGE THERAPY

Contact: Janet Price

The Speech-Language Pathology department at United Rehabilitation Services serves individuals who have difficulty communicating with others. Licensed and certified speech-language pathologists provide evaluation, consultation and treatment in individual and group therapy sessions. Family and other caregivers are encouraged to observe therapy sessions from the observation rooms to learn techniques that can be utilized at home. Effective communication is promoted in a variety of modes including speech production, sign language, and use of picture symbols, computers, and use of electronic communication devices. Therapeutic interventions include treatment of articulation, language, stuttering and aural rehabilitation. Speech-language services are specifically tailored to individuals of any age. Specialty services include augmentative communication treatment, and swallowing/feeding programs. United Rehabilitation Services' speech-language pathologists use a multidisciplinary team approach while providing state-of-the-art therapy procedures.

AUDIOLOGICAL SERVICES

Contact: Janet Price

Services provided within the audiology department include a full range of diagnostic techniques to determine the type and severity of a hearing loss. Complete audiological evaluations are available for children and up through the geriatric population. Specialty testing includes the use of video ENG equipment to evaluate dizziness, infant hearing screening and central auditory processing testing. Testing is available at the center, schools and workplaces. Conventional, digital, and programmable hearing aids are available at United Rehabilitation Services. Private pay, Medicare, Medicaid, and private insurance accepted.

WOMANLINE

301 E. Sixth Street

Dayton, OH 45402-2838

PHONE: (937) 223-3446

Executive Director: Linda Mercuri Fischbach

ABC FOR BABIES

A family centered program with a focus on the importance of literacy for daily life. Classes meet once a week for 1 1/4 hours.

BABY CARE/LAYETTE CLASS

PHONE: (937) 586-9554

Classes offer information on basic infant care—how to bathe, feed, and massage an infant. Additional information is presented in the form of safety tips and how to comfort a crying infant.

PROFESSIONAL COUNSELING

Womanline offers general mental health counseling for women, including counseling for abuse and trauma survivors. A sliding fee scale is used and fees are reasonable. Call for an appointment.

MATERIAL ASSISTANCE

PHONE: (937) 586-9554

Assistance with baby and children's clothing; baby furniture is distributed as it is donated. May also assist with emergency formula twice per year; can help with baby cereal and baby food. Services are also available at our Job Center Mall office.

FROM GRANDPARENT TO PARENT

PHONE: (937) 223-3446

A support group for grandparents who are parenting their grandchildren.

WRIGHT STATE UNIVERSITY

General Practice Clinic

Duke E. Ellis Human Development Institute

School of Professional Psychology

9 North Edwin C. Moses Blvd.

Dayton, OH 45407-2837

PHONE: (937) 775-4300

Contact: Dr. Brenda D. Mobley, Director

Community-based training clinic. Psychological assessment and psychotherapy services for adults, adolescents, and children, couples, families and groups. All services provided by doctoral students in clinical psychology under the supervision of faculty who are also licensed psychologists. Fees for services are based on size of household and gross annual income (sliding scale).

**Preschool Special Education Contacts for
school districts in Montgomery county**

BROOKVILLE LOCAL SCHOOLS
Teresa LaMendola
PHONE: (937) 833-2181

CENTERVILLE CITY SCHOOLS
Mindy Cline
PHONE: (937) 438-6056

DAYTON CITY SCHOOLS
Jacqueline Wright
PHONE: (937) 542-3415

DAYTON SCHOOLS HEAD START
Elizabeth Burden
PHONE: (937) 542-3245

HUBER HEIGHTS CITY SCHOOLS
Lori Gevedon
PHONE: (937) 237-6392

JEFFERSON TOWNSHIP LOCAL SCHOOLS
Yvonne Hickman
PHONE: (937) 835-5682

KETTERING CITY SCHOOLS
Susan Whidden
PHONE: (937) 296-7600

MAD RIVER LOCAL SCHOOLS
Cliff Clements
PHONE: (937) 259-6603

MIAMI VALLEY CHILD DEVELOPMENT
Ann Jones
PHONE: (937) 226-5664

MIAMISBURG CITY SCHOOLS
Debra Honegger
PHONE: (937) 866-4347

MONTGOMERY COUNTY BOARD OF EDUCATION
Dr. Catherine Keener, Dir. of Pupil Programs
PHONE: (937) 253-4178

MONTGOMERY COUNTY BOARD OF MR/DD
Daniel Heaton, Director of Education
PHONE: (937) 854-0450

NEW LEBANON LOCAL SCHOOLS
Judy Krise
PHONE: (937) 687-1301

NORTHMONT CITY SCHOOLS
Charles Rehling
PHONE: (937)832-5025

**Preschool Special Education Contacts for
school districts in Montgomery county**

NORTHRIDGE LOCAL SCHOOLS
Pam Thompson
PHONE: (937) 278-5885

OAKWOOD CITY SCHOOLS
Chris Tokarz
PHONE: (937) 297-5325

TROTWOOD-MADISON CITY SCHOOLS
Marietta Harris
PHONE: (937) 854-3050, ext. 231

VALLEY VIEW LOCAL SCHOOLS
Bill Lauson
PHONE: (937) 855-6581

VANDALIA BUTLER CITY SCHOOLS
Dan Heaton
PHONE: (937) 415-6400

WEST CARROLLTON CITY SCHOOLS
Algott Herman
PHONE: (937) 859-5121

As children grow, we see progress reflected in the things they do each day. The following list shows typical signs of growth in a young child. Remember each child learns and grows differently. But if you have questions or concerns about your child's development, today is the day to seek assistance. If there is a need for special help, the sooner it is provided the better it will be for your child.

ONE MONTH

- Raises head slightly off floor or bed, when lying on stomach
- Holds head up momentarily when supported
- Briefly watches and follows object with eyes
- Avoids mildly annoying sensations (placement of cloth on face)
- Some "noise in throat" sounds

TWO MONTHS

- Holds head erect, bobbing, when supported in sitting position
- Follows moving person with eyes
- Imitates or responds to smiling person with occasional smile
- Vocalizes

THREE MONTHS

- Lifts head and chest when lying on stomach
- Vigorous body movement
- Head control is improving
- Recognizes bottle or breast
- Coos/chuckles

FOUR MONTHS

- Good head control
- Rolls from side to side
- Takes object, such as a rattle, held near hand
- May begin reaching
- Follows moving object when held in sitting position
- Laughs aloud
- Enjoys play

SIX MONTHS

- Sits with minimal support
- Rolls from back to stomach
- Transfers object from hand to hand and from hand to mouth
- Babbles—more than two sounds

NINE MONTHS

- Sits alone—changes position without falling
- Plays with two objects at the same time
- Unwraps block
- Says mama—dada

TWELVE MONTHS (1 YEAR)

- Pulls self to standing—may step with support
- Picks things up with thumb and one finger
- Stacks two blocks
- Gives toy on request
- Gives affection
- Follows simple directions accompanied by gestures
- May say 2 or 3 words

FIFTEEN MONTHS

- May walk without support
- Stacks 3 blocks
- Vocalizes—voices up and down sounds like conversation
- May say 4 or 5 words
- Some self-feeding

EIGHTEEN MONTHS

- Walks—may run a bit—climb up or down one stair
- Likes pull toys
- Likes being read to
- Makes mark with crayon on paper at table
- Partially feeds self
- May say 5 to 10 words

TWENTY-FOUR MONTHS (2 YEARS)

- Kicks large ball
- Turns pages (2 or 3 at a time)
- Imitates housework
- Recognizes familiar picture—knows if upside down
- Asks for items by name
- Uses two or three words together such as “more juice”

THIRTY-SIX MONTHS (3 YEARS)

- Walks up stairs
- Stands momentarily on one foot
- Rides tricycle
- Feeds self
- Opens door
- Verbalizes toilet needs

FORTY-EIGHT MONTHS (4 YEARS)

- Hops in place
- Throws ball over head, catches ball bounced to him
- Copies circle
- Points to 6 basic colors
- Knows own sex, age, last name
- Begins to play with other children
- Uses sentences with correct grammar such as, “can I go to the store?” or “I want a big cookie”
- Washes hands unassisted

SIXTY MONTHS (5 YEARS)

- Walks backward heel-toe
- Runs on tiptoe
- Prints a few capital letters
- Recognizes own printed name
- Cuts food with knife
- Plays with others
- Responds by showing penny, nickel, dime
- Answers verbally to “hi” and “how are you?”
- Laces shoes

Throughout our lives we encounter many challenges and changes. As adults, these changes or transitions may come in the form of a job change, loss of a loved one, divorce, or a move. In order to prepare ourselves and reduce the amount of stress we may encounter in these situations, we plan and try to anticipate how these changes may affect us.

Young children with special needs also face many transitions in their first years of life. Because they are so young, as parents and professionals in their lives, we are responsible for assisting and preparing the child for any change in service that may occur. A successful transition is one that is smooth, coordinated, causes minimum disruption, and has a satisfactory end result.

Here are some tips parents can use to ensure their child moves smoothly from one program to another:

1. Know your child's strengths and needs.
2. Know the transitions your child may face within the next few years. Some possibilities may include:
 - Newborn—leaving the hospital to go home
 - Leaving home to attend early intervention programs
 - Changes within early intervention programs
 - Age 3, attending a special needs preschool provided through your school district
 - Age 3, attending a community-based preschool program or Headstart
 - Leaving preschool to attend kindergarten or another school-age program
 - Unforeseen circumstances in between
3. Know your placement options—talk with staff members of your early intervention program, school district or the Montgomery County Help Me Grow Consortium.
4. Become familiar with the skills required by children in different environments.
5. Become aware of the resources available to your child and family in the community. (I.e., diagnostic, respite, support, advocacy)
6. Know your legal rights (state and federal) and terminology.
7. Know local policies and procedures.
8. ASK QUESTIONS.

Although a transition can be a hectic experience, it can be a rewarding one too, if a child and family are properly prepared. Several agencies and programs in your community that may be able to provide you and your family with further information include:

- Help Me Grow Consortium
- Montgomery County Board of Mental Retardation and Developmental Disabilities (MR/DD)
- The Family Information Network
- Your local school district
- Starting Point Help Me Grow services

My message to other families is that networking is very important. Find yourself a support group, or other parent organization and talk to people.
—A mom



Starting Point Central Intake & Referral Service

4801 Springfield Street, Dayton, OH 45431
937.237.0123
TTY/TDD 800.750.0750